



# COMMON CO-MORBID

# DIAGNOSES WITH

# ADHD

for more information visit [www.turnthepaigeadhd.com](http://www.turnthepaigeadhd.com)

## Anxiety

Anxiety disorders are characterized by excessive and persistent worry, fear, or anxiety that interferes with daily life. Anxiety disorders are common among individuals with ADHD, with a prevalence rate of around 25-40%. Prevalence rates are similar among men and women.

## Depression

Depression is a mental health disorder characterized by persistent feelings of sadness, hopelessness, and loss of interest in activities.

Depression is common among individuals with ADHD, with a prevalence rate of around 20-30%. Prevalence rates are similar among men and women.

## OCD

OCD is characterized by obsessions and compulsions, as the name would imply.

- Obsessions might involve frequent, persistent impulses, visions, and thoughts that are experienced as invasive and inappropriate and that significantly increase a person's level of anxiety and suffering.
- Compulsions can be recurrent behaviors (like hand washing, ordering things, or checking) or mental activities (like praying, counting, or repeating words/phrases aloud) that a person feels compelled to carry out as the result of an obsession or in accordance with strict rules that must be followed.

## Learning Disabilities

Learning disabilities refer to a range of neurological disorders that can affect the ability to learn and process information. ADHD is often accompanied by learning disabilities, with a prevalence rate of around 25-30%. Prevalence rates are similar among men and women. Common learning disabilities: dyslexia, dyscalculia, dysgraphia, auditory processing disorder.

